



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASTICS PROGRAMS

SUMMER 2019

Session 1) June 3 - June 30

Session 2) July 22 - August 18

Preschool Gymnastics With Parent

Class Name:	Age	Day(s)	Time
Family Gym (coed- VA)	1-2yr	T	12:00-12:40am
Tumbling tot (coed)	2-3yr	T	10:10-10:50am
Tumbling tot (coed)	2-3yr	Su	9:30-10:10am

Session 1

Fee (FM)	Fee (M)	Fee (NM)
FREE	\$24	\$40
\$32	\$32	\$48
\$32	\$32	\$48

Session 2

Fee (FM)	Fee (M)	Fee (NM)
-	-	-
-	-	-
-	-	-

Preschool Gymnastics Without Parent

Class Name:	Age	Day(s)	Time
Minigymmie (coed)	3-4yr	T	11:00-11:40am
Minigymmie (coed)	3-4yr	W	4:10-4:50pm
Minigymmie (coed)	3-4yr	R	4:10-4:50pm
Minigymmie (coed)	3-4yr	Su	10:20-11:00am
Kindergym (coed)	4-5yr	W	5:00-5:40pm
Kindergym (coed)	4-5yr	R	5:00-5:40pm

Session 1

Fee (FM)	Fee (M)	Fee (NM)
\$40	\$40	\$60
\$40	\$40	\$60
-	-	-
\$40	\$40	\$60
\$40	\$40	\$60
-	-	-

Session 2

Fee (FM)	Fee (M)	Fee (NM)
-	-	-
-	-	-
\$40	\$40	\$60
-	-	-
-	-	-
\$40	\$40	\$60

Progressive Gymnastics for Boys

Class Name:	Age	Day(s)	Time
Boys Gymnastics	6+yr	T	4:20-5:20pm
Ninja Nastics (boys)	10+yr	W	4:15-5:00pm
Ninja Nastics (boys)	10+yr	T	5:20-6:00pm

Session 1

Fee (FM)	Fee (M)	Fee (NM)
\$48	\$48	\$72
\$48	\$48	\$72
-	-	-

Session 2

Fee (FM)	Fee (M)	Fee (NM)
-	-	-
-	-	-
\$48	\$48	\$72

Progressive Gymnastics for Girls

Class Name:	Age	Day(s)	Time
Intro to Gymnastics (girls)	5-10yr	W	5:50-6:50pm
Intro to Gymnastics (girls)	5-10yr	T	4:10-5:10pm
Rizing Starz (girls)	6-11yr	T	5:30-6:30pm
Rizing Starz (girls)	6-11yr	T	5:10-6:10pm
Rizing Starz (girls)	6-11yr	Su	11:10-12:10pm
Shooting Starz (girls)	6-12yr	T	4:20-5:50pm
Shooting Starz (girls)	6-12yr	W	6:20-7:40pm
Super Starz (girls)	6-12yr	M	6:20-7:40pm
Super Starz (girls)	6-12yr	W	4:50-6:10pm

Session 1

Fee (FM)	Fee (M)	Fee (NM)
\$48	\$48	\$72
-	-	-
\$48	\$48	\$72
-	-	-
\$48	\$48	\$72
\$56	\$56	\$84
\$56	\$56	\$84
\$56	\$56	\$84
-	-	-

Session 2

Fee (FM)	Fee (M)	Fee (NM)
-	-	-
\$48	\$48	\$72
\$48	\$48	\$72
-	-	-
-	-	-
\$56	\$56	\$84
\$56	\$56	\$84
-	-	-
\$56	\$56	\$84

Questions about Gymnastics
contact Juanita Combs,
jcombs@glensfallsymca.org





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GYMNASTICS Cont.& PERFORMING ARTS PROGRAMS

SUMMER 2019

Session 1) June 3 - June 30

Session 2) July 22 - August 18

Competitive Gymnastics Team, July 1-28

Class Name:	Day(s) & Times	Fee (M)
Glider Girls Level 2 Team	T&R 4:00-6:15pm	\$70
Glider Girls Level 3 Team	M&W 4:00-6:15pm	\$70
Glider Girls Level 4 Team	M&W 6:15-8:45pm & R 4:00-6:30pm	\$85
Glider Girls Level 5 Team	M 4:00-6:45pm, T 6:15-8:45pm, & R 5:00-7:45pm	\$90
Glider Girls Level 6+Team	M&R 4:00-6:45pm, W 6:00-8:45pm	\$90
Gladiators Boys Team (Levels 4-7)	T&R 5:45-8:15pm	\$70

Competitive Gymnastics Team, July 29- August 11

Class Name:	Day(s) & Times	Fee (M)
Glider Girls Level 2 Team	T 4:00-6:45pm	\$35
Glider Girls Level 3 Team	M&W 4:00-6:15pm	\$35
Glider Girls Level 4 Team	M 6:15-8:45pm, W&R 4:00-6:15pm	\$45
Glider Girls Level 5 Team	M 4:00-6:45pm, T 6:15-8:45pm, & R 5:00-7:45pm	\$50
Glider Girls Level 6+Team	M,W,R 4:00-6:45pm	\$50
Gladiators Boys Team (Levels 4-7)	T&R 5:45-8:15pm	\$35

Tweens, Teen Gymnastics

Class Name:	Age	Day(s)	Time	Session 1			Session 2		
				Fee (FM)	Fee (M)	Fee (NM)	Fee (FM)	Fee (M)	Fee (NM)
Teen & Tween (coed)	10-17yr	T	6:40-8:00pm	\$56	\$56	\$84	-	-	-
Tumbling	10& up	T	6:20-7:10pm	-	-	-	\$40	\$40	\$60

Dance Classes

Class Name:	Age	Day(s)	Time	Session 1			Session 2		
				Fee (FM)	Fee (M)	Fee (NM)	Fee (FM)	Fee (M)	Fee (NM)
Ballet	7+	T	4:15-5:00pm	\$28	\$28	\$42	-	-	-
Jazz	7+	T	5:05-5:40pm	\$24	\$24	\$36	-	-	-
Ballet/Jazz	7+	T	4:15-5:40pm	\$34	\$34	\$51	-	-	-
Ballet/Jazz	7+	W	4:15-5:00pm	\$28	\$28	\$42	-	-	-
Jazz/Tap	7+	T	5:05-6:15pm	\$34	\$34	\$51	-	-	-
Ballet/Jazz/Tap	7+	T	4:15-6:15pm	\$44	\$44	\$66	-	-	-
Modern	7+	W	5:10-5:55pm	\$28	\$28	\$42	-	-	-
Ballet Basics for Gymnasts	5+	W	4:15-5:00pm	-	-	-	\$28	\$28	\$42
Street Jam	7+	T	4:15-5:00pm	-	-	-	\$28	\$28	\$42

One week programs - July 8th - 11th

Class Name:	Age	Day(s)	Time	Session 1			Session 2		
				Fee (FM)	Fee (M)	Fee (NM)	Fee (FM)	Fee (M)	Fee (NM)
Little Gymmies	4-6yr	M,T,W,R	4:40-5:20pm	\$60	\$60	\$90	-	-	-
Princess Dance	4-6yr	M,T,W,R	1:00-3:00pm	\$60	\$60	\$90	-	-	-
Little Gymmies & Princess Dance Combo (BYO Lunch)	4-6yr	M,T,W,R	10am-3pm	\$110	\$110	\$170	-	-	-

Questions about Gymnastics
contact Juanita Combs,
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Questions about Performing Arts
contact Tammy Decker
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