

Glens Falls YMCA October Pool Schedule

Lane	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Lane One: Water Walking	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	7:15-8:15am 8:30am- 9:30am	CLOSED
Lane Two: Lap Swimming	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	7:15-8:15am 8:30am- 9:30am	CLOSED
Lane Three: Lap Swimming	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	7:15-8:15am 8:30am- 9:30am 9:45am-10:45am 11am-12pm	CLOSED
Lane Four: Lap Swimming	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	7:15-8:15am 8:30am- 9:30am 9:45am-10:45am 11am-12pm	CLOSED
Lane Five: Lap Swimming	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	7:15-8:15am 8:30am- 9:30am	CLOSED
Lane Six: Lap Swimming	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 11:30am-12:30pm 3pm-4pm 4:15pm-5:15pm	5:15am-6:15am 6:30am-7:30am 7:45am-8:45am 10:15am-11:15am 11:30am-12:30pm 3pm-4pm	7:15-8:15am 8:30am- 9:30am	CLOSED
Family Swim	A: 4:15pm-5:15pm B: 4:15pm-5:15pm	A: 10:15am-11:15am B: 10:15am-11:15am	A: 4:15pm-5:15pm B: 4:15pm-5:15pm	A: 10:15am-11:15am B: 10:15am-11:15am	A: 4:15pm-5:15pm B: 4:15pm-5:15pm	A: 9:45am-10:45am B: 9:45am-10:45am A: 11am-12pm B: 11am-12pm	CLOSED	
Swim Team	5:15-8:15pm	5:15-8:15pm	5:15-8:15pm	5:15-8:15pm	5:15-8:15pm		CLOSED	