



## REAL PEOPLE. REAL STORIES.

“As a single mom, I have relied on reputable resources in the community to enrich the lives of my children. The YMCA is a staple in our family. It has offered us a safe and fun place to grow healthy bodies and minds. The summer camp has offered my children a place to build lasting friendships with peers and with counselors. The impact that the YMCA has had on my family is priceless. The generous scholarship program has enabled my children to build lifetime values. We value the community and family atmosphere the YMCA has created. Forever in gratitude.”

– Anonymous YMCA Member

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**GIVING TO THE ANNUAL CAMPAIGN** helps families take their step forward—because **ALL FAMILIES** deserve the opportunity to participate in YMCA programs and services.



## OUR MISSION

The Family YMCA of the Glens Falls Area is a charitable association that is dedicated to building a healthy spirit, mind, and body for all.



## 2024 ANNUAL CAMPAIGN

Your gift to the Annual Campaign makes the Y accessible for all by providing financial assistance to children, teens, families, adults and seniors. Every stride unites us—step by step, we’re creating a brighter future together for our community.

To make a donation, please contact the Development Office at 518-793-3878 or visit [glensfallsymca.org/donate](https://glensfallsymca.org/donate).



## 2024 ANNUAL CAMPAIGN

FAMILY YMCA OF THE GLENS FALLS AREA



## One step forward, together.

DONATE TODAY AT [GLENSFALLSYMCA.ORG](https://glensfallsymca.org)

# 2024 ANNUAL CAMPAIGN

**YOUR GIFT TO THE ANNUAL CAMPAIGN** ensures that everyone has the opportunity to take a step forward toward a stronger and brighter future—regardless of income.



## Let's take one step forward, together...

As unique individuals coming from different backgrounds and circumstances, the struggles of those in our community vary greatly. **As we step through the welcoming doors of the Y, a unifying goal propels us forward...**

**STRENGTH**—whether it comes from a physical workout, forging social connections with friends and neighbors, or embracing the challenge of trying something new, each step is purposeful—a unified stride toward reaching our collective greatest potential.

## EVERY STEP COUNTS TOWARDS A BRIGHTER FUTURE FOR ALL.

HELP US REACH OUR GOAL OF \$70,000!



### A GIFT OF \$50

**AFFORDS A CHILD THE ABILITY TO** experience a youth sports program where they will learn important team building and sportsmanship skills.



### A GIFT OF \$100

**COVERS THE COST OF SWIM LESSONS** that teach life-saving water skills, reducing a child's risk of drowning.



### A GIFT OF \$300

**SENDS A CHILD TO SUMMER CAMP FOR** a week, ensuring all children have access to safe, enriching and fun summer programs.



### A GIFT OF \$500

**HELPS AN ACTIVE OLDER ADULT** on a limited income, by supporting them with a one-year senior membership to the YMCA.



### A GIFT OF \$1,000

**PROVIDES A FAMILY WITH ACCESS TO THE Y** for a year, ensuring all families have the opportunity to maintain and improve their health and well-being throughout the year.



## BONNIE'S STORY...

“My eight-year-old granddaughter faces challenges with ADHD and learning disabilities, yet her progress in swim lessons at the YMCA is truly inspiring. The aquatics staff's patience and accommodation have played a significant role in her journey. Just six months ago, she relied on a life jacket to enter the pool, and now she confidently swims the entire length on her back, unassisted. Witnessing her newfound confidence and joy in swimming is truly remarkable. This opportunity has been life-changing for her.”

— Bonnie T.

**GIVING TO THE ANNUAL CAMPAIGN** helps families like Bonnie's take their step forward—because **ALL FAMILIES** need access to opportunities that improve and maintain their physical and mental well-being.

### IN 2023...

\$120,000 in financial assistance was provided to individuals and families in need in our community.

### GIVE TODAY.

Scan here, visit [glensfallsymca.org](http://glensfallsymca.org) or call 518-793-3878.



### IN 2023...

The YMCA of the Glens Falls Area had over 230,000 visits to our facility.