


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
							
5:30 am						YMCA	
6:00 am		<p>Family track times have been added for the convenience of our members. Please be considerate and remain with your child at all times. Track times reflect the times that the Fitness Center is not at its busiest. Thank you for your cooperation!!</p>					<p>YMCA Closed</p>
6:30 am							
7:00 am							
7:30 am							
8:00 am							
8:30 am							
9:00 am							
9:30 am							
10:00am							
10:30am							
11:00am							
11:30am							
12:00pm	<p>Children ages 8-13 permitted only on track.</p> <p>Parents must accompany children at all times!</p> <p>12:00pm - 4:00pm</p>					<p>Children ages 8-13 permitted only on track.</p> <p>Parents must accompany children at all times!</p> <p>12:00pm - Close</p>	
12:30pm							
1:00 pm							
1:30 pm							
2:00 pm							
2:30 pm							
3:00 pm							
3:30 pm							
4:00 pm							
4:30 pm							
5:00 pm							
5:30 pm							
6:00 pm							
6:30 pm							
7:00 pm	<p>Children ages 8-13 permitted only on track.</p> <p>Parents must accompany children at all times.</p> <p>7:00pm - 10:00 pm</p>					<p>YMCA Closes @ 7pm on Saturdays & Sundays</p>	
7:30 pm							
8:00 pm							
8:30 pm							
9:00 pm							
9:30 pm							
10:00pm							