

2011-12 GYMNASTICS TEAM SCHEDULE

UPDATED 10/7/11 tm

				<u>Fall 1</u>	<u>Fall 2</u>	
Competitive Team Level 3	YMCA membership & additional level 3 class required. Classes & tuition are per session. Ballet recommended.	Monday	4:10-6:10	\$60/ session	\$69/ session	See handbook for more info.
Competitive Team PREP	YMCA memb req./ USAG optional. Uniforms, meet fees & travel costs additional. Classes & tuition per session. Must be at least age 13+	2x wk only		\$130/ session	\$148/ session	See handbook for more info. Call for placement.
Competitive Team Level 4	YMCA & USAG memberships required. Uniforms, meet fees & travel costs additional. Open workout included. Ballet recommended.	Tu & Th, Sat.	4-6:15, 10-12:15	\$70/ month		See handbook for more info.
Competitive Team Level 5	YMCA & USAG memberships required. Uniforms, meet fees & travel costs additional. Open workout included. Ballet recommended.	M/Tu/Th, Sat.	6:15-9, 1-3:45	\$90/ month		See handbook for more info.
Competitive Team Level 6	YMCA & USAG memberships required. Uniforms, meet fees & travel costs additional. Open workout included. Ballet recommended.	Tu/W/Th, Sat.	6:15-9, 1-3:45	\$90/ month		See handbook for more info.
Competitive Team Level 7+	YMCA & USAG memberships required. Uniforms, meet fees & travel costs additional. Open workout included. Invest in success by adding dance, strength, flexibility & cardio.	M, T/W, Fri.	6-9:00, 5:45-9, 4-7:15	\$105/ month		See handbook for more info.

PRIVATES

Your coaches may be available for ongoing privates. See your coach for scheduling. Privates need to be scheduled and paid for *at least* one week in advance. Packages of 5 or 10 half hour privates are available at discounted rates.